

UNIT 1

How does it work?



SPRAY



WHISK



PEEL

We are going to...

- read an infographic and a story: "Rise of the Bread"
- use adverbs of sequence
- listen to people giving instructions
- explain steps
- describe process



MASH



STIR



POUR

HOW DOES IT WORK?



Reading



Do you know how rain happens?

First, the sun warms up the surface water in the sea, lake, or river. This cycle is called evaporation.

Then, tiny water particles rise upwards to the sky. They are so small, so you can't see them. We call this process 'condensation'. They get colder on their way up, so they move closer and they form clouds.

Finally, there are too many tiny water particles in the clouds, they fall out of the cloud as rain. This is also called 'precipitation'.

When there rain reflects the light from the sun, you will see a rainbow!



A Read the text, rearrange the letters, and label the picture.

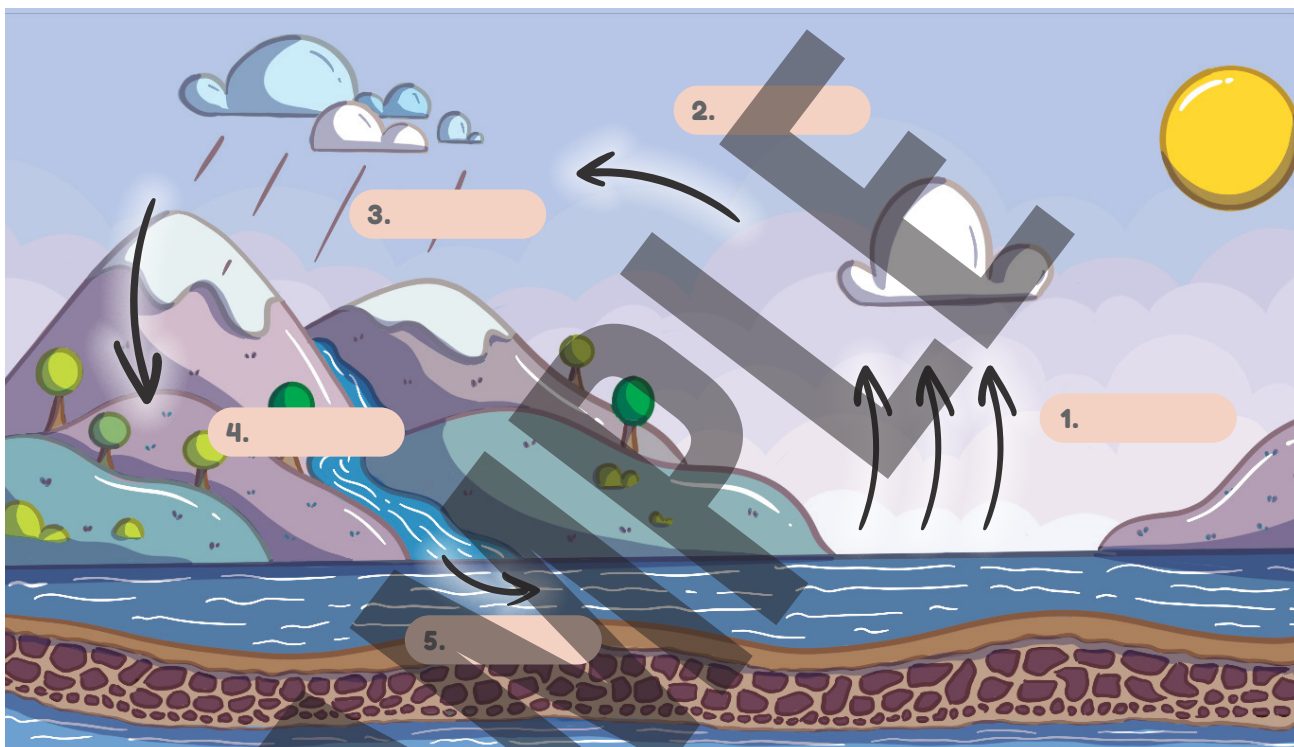
raveopotnia

nodcoatnsnei

itnpapirecio

curasfe rweat

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VOCABULARY

What do you call these actions?

What tools do you need to perform them?

Spray

Whisk

Peel

Mash

Stir

Pour



Rise of the Bread

Hello! Otto here! I like desserts and my favorite is banana bread. I often watch my mom bake some bread. The process is quite amusing! First, you need to prepare these ingredients and baking equipment:



INGREDIENTS

	Vegetable oil spray
2 cups	All-purpose flour
¾ teaspoon	Baking soda
½ teaspoon	Salt
3	Very ripe banana (skin should be speckled black)
¾ cup	Sugar
2	Large eggs
6 tablespoons	Unsalted butter, melted and cooled
¼ cup	Plain yogurt
1 teaspoon	Vanilla extract

EQUIPMENT

	8½-by-4½-inch metal loaf pan
2	Bowls (1 medium, 1 large)
	Whisk
	Large fork or potato masher
	Rubber spatula
	Toothpick
	Oven mitts
	Cooling rack
	Cutting Board
	Chef's knife

Now... let's start baking!

Spray the bottom and sides of the metal pan with vegetable oil spray. Whisk together the flour, baking soda, and salt in a medium bowl. Peel the very ripe bananas, put it in the large bowl and mash it with a

fork until broken down but still chunky. Then, add sugar, two eggs, melted butter, plain yogurt, and vanilla extract into the large bowl. Whisk it together with the bananas. Add the mixture from the medium bowl and stir with rubber spatula.



Pour the batter into the metal pan. Place it in the oven that has been heated to 350 degrees. Bake for about 55 minutes until it's golden brown. Use the toothpick to check, if it comes out clean. Then, it's done! Use oven mitts to take the banana bread out from the oven.

Place the pan on a cooling rack and let it cool for 15 minutes. Remove the banana bread from the pan carefully and let it cool for one hour on the cooling rack. Place it on the cutting board, slice, and it is ready to serve!

My favorite part of the process is when the batter rises and starts to form into a bread! It rises because of the baking soda in the batter mixture. Going through the process is totally worth it, even though I have to wait for more than an hour. Because in the end, I get to enjoy my favorite banana bread!



B Read “Rise of the Bread” and number the picture in the correct order.





Listening



A Watch the video and write **SIX** processes on how the vegetables grow. 

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

B Listen to the conversation and number the steps on how to plant a flower. 



C Watch the video and answer the questions. 

1. What is a rainbow?

2. What are the seven colors of a rainbow?

3. Can you make your own rainbow?
How?



D Listen and answer the questions with **True (T)** or **False (F)**. 

1. ☐ There are 8 steps to make cheese.
2. ☐ When the milk starts to bubble, add some water.
3. ☐ After a minute of stirring the milk with yogurt, there will be clumps in the milk.
4. ☐ After 45 minutes, you can unwrap the cheese.
5. ☐ To make cheese, you need milk, flour, and yogurt.

GRAMMAR

Adverb of Sequence

Before	First	Next	After that	Finally
Before she goes to school, she makes a sandwich for breakfast. or She makes a sandwich for breakfast before she goes to school.	First , Susan prepares the bread. or Susan prepares the bread first .	Next , she puts the jelly and cheese. or She puts the jelly and cheese next .	After that , she puts the two slices of bread together and eats the sandwich. or She puts the two slices of bread together and eats the sandwich after that .	Finally , she goes to school.

HOW TO COOK NOODLES



First, boil water in a pot.
/ Boil water in a pot **first**.



Before we add noodles, break them into smaller pieces.
/ Break the noodles into smaller pieces **before** we add them.



Next, add the seasoning.
/ Add the seasoning **next**.



After that, add the noodles to the pot and let them cook for 3-4 minutes.
/ Add the noodles to the pot and let them cook for 3-4 minutes **after that**.



Finally, serve hot and enjoy.

A. Rearrange the sentences with different structure.

Example:

We have dinner **before** we go home.

Before we go home, we have dinner.

1. Cut the onions into slices and put them in a frying pan _____.
2. I brush my teeth _____ I go to bed.
3. _____, do your homework and submit it to the teacher.
4. Scramble the egg in the pan and add the rice _____.
5. _____, I cut the pineapple and the apple.



Speaking

- A** Pair up with one of your classmates and make the instructions for the following activities.



Blank lined paper for writing instructions.



Blank lined paper for writing instructions.



Blank lined paper for writing instructions.

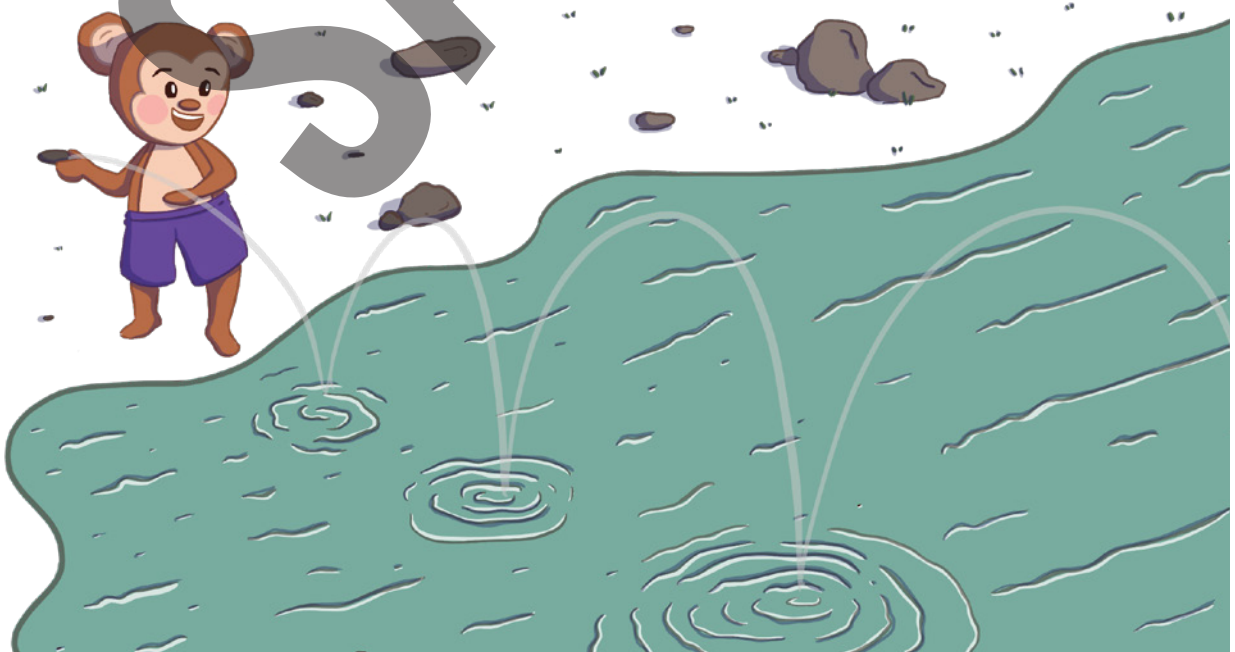


Blank lined paper for writing instructions.

- B** Make a group of FOUR and talk about how you do your favorite activity.



- C** Create a tutorial video on how to do an activity.





HOW TO MAKE A CAKE

Finally, bake cake.

Note Read the instruction manual below. What item do you think it is for?

- "Left" button to turn left.
- "Right" button to turn right.
- "Release" button to go straight.

VOCABULARY

A. Fill in the blanks using the words in the box.

chop boil grow pour put fry add mix

1. _____ all the ingredients into small pieces.
2. Sunlight and water can help plants _____.
3. Can you _____ water using a coffee pot?
4. _____ the sauce over your pasta.
5. They _____ a lot of salt in their cooking.
6. _____ the onions with a little bit of olive oil.
7. You should _____ more flavors to make it more delicious.
8. Just _____ the yoghurt with the fruits and it'll be a fruit salad.

B. Write and draw the steps of making something.

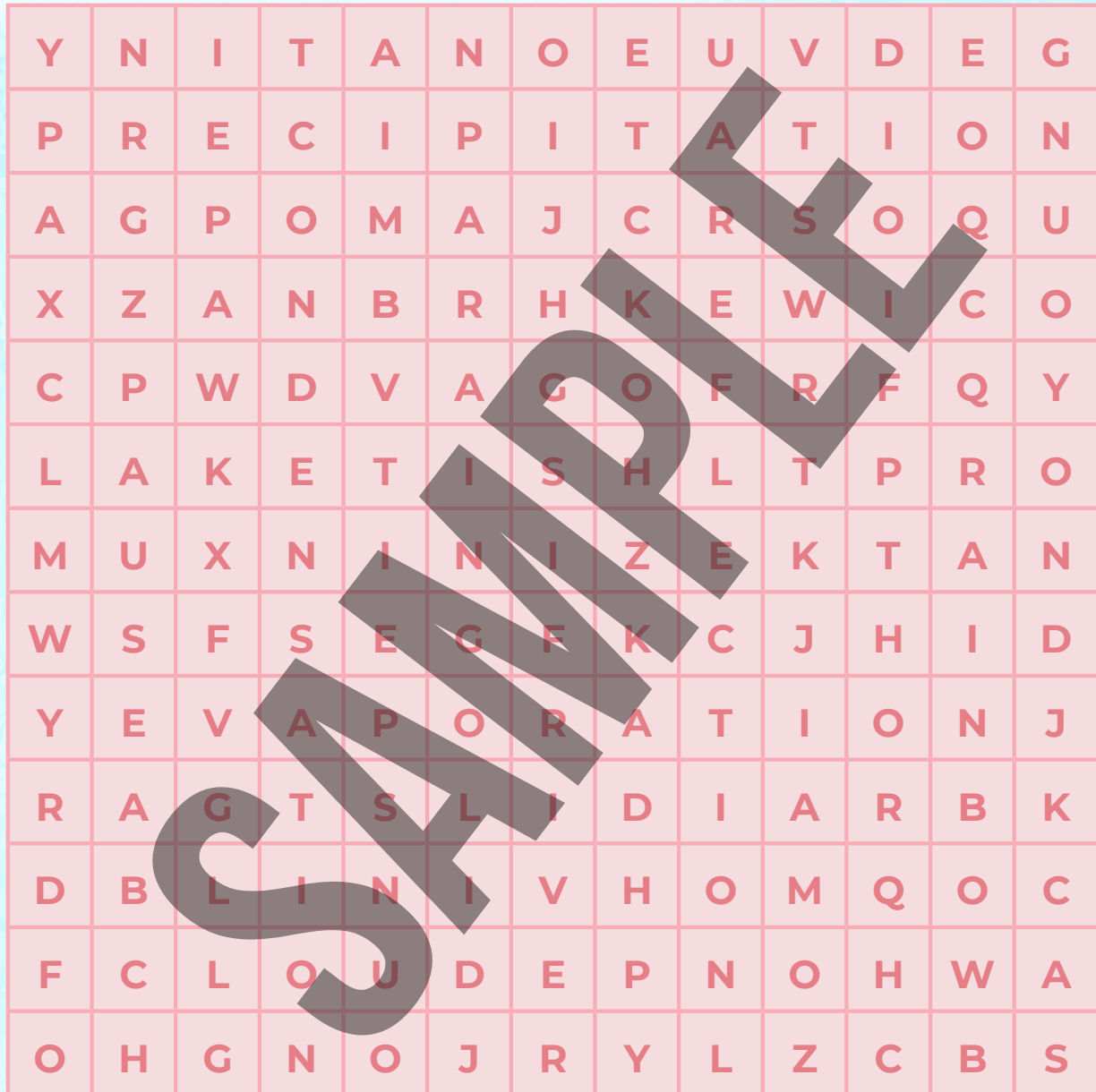
process first next later lately
to begin with then after that

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____



Creative Space

A Find the words and label the picture.



Evaporation

Lake

Rainbow

Cloud

River

Rain

Condensation

Sea

Reflection

Precipitation







Review

READING

Exercise 1

A. Read the text!

Ingredients & Materials

- Stove
- Pot
- Popcorn kernels
- Oil
- Salt
- Butter (optional)

Steps:

- Pour the oil into the pot and heat to a medium temperature on the stove.
- Put the popcorn kernels in the pot and stir well.
- Put on the pot cover and listen until the kernels stop popping.
- Shake the pot to make sure all the kernels pop and to avoid them from getting burned.
- After around three to five minutes, take the pot cover off.
- Season the popcorn with salt, butter, or any other ingredients of your liking.
- Put the popcorn into a bowl and enjoy!

B. Number the correct order!

1. ☐ Season the popcorn.
2. ☐ Pour oil into the pot.
3. ☐ Serve in the bowl and enjoy.

4. ☐ Put the kernels in the pot.
5. ☐ Cover the pot and wait until all the kernels pop.

C. Draw lines to match!

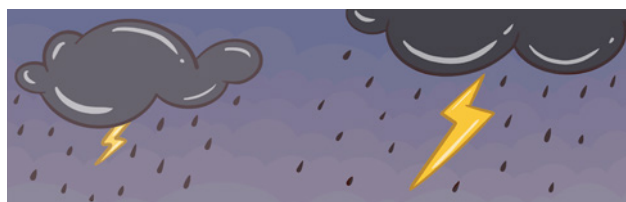


- Stove
- Pot
- Popcorn kernels
- Oil
- Salt
- Butter
- Popcorn

Exercise 2

A. Read the text!

Thunder happens when there is lightning, and lightning sometimes happens before or during rainstorms. Thunder is actually the loud sound we hear, while the shining light is called a lightning bolt. A lightning bolt opens up a little hole in the air when it travels from the cloud to the ground. Then, the air collapses back in once the light is gone and creates a sound wave known as thunder. That is why, we always hear a thunderclap a few seconds after the lightning bolt strikes.



B. Fill the box of the the following statements with True (T) or False (F) based on the text!

1. ☐ Thunder happens without lightning.
2. ☐ Thunder is a shining light in the sky.
3. ☐ Lightning bolt is the loud sound we hear.
4. ☐ The collapsing of air around a lightning bolt creates the thunder.
5. ☐ A thunderclap happens after a lightning strike.

GRAMMAR. Complete each sentence with the correct adverb of sequence!

1. Don't forget to buy the ingredients _____!
2. _____ we can eat this delicious pizza.
3. _____ put the butter or oil in the frying pan.
4. You should wash the fruit _____ mixing it with the yogurt!
5. First, we'll go to the supermarket _____ we can start cooking.

before

finally

after that

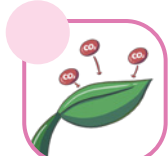
first

next

LISTENING

Exercise 1

A. Listen, number, and write the process based on the audio you hear! 



VOCABULARY. Complete the sentences using the words in the box!

1. _____ all the ingredients into small pieces.
2. How much water do you need to add? Do you want me to _____ it first?
3. _____ spices to your dish to enhance the aroma.
4. _____ the mixture into an air-tight container.
5. You should _____ your leftovers in the fridge as soon as possible.

pour

chop

put

measure

add

Exercise 2

A. Listen and fill the box with True (T) or False (F)! 

1. ☐ The caterpillars grow on leaves or stems of plants.

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2. ☐ Different species of caterpillars have different body shapes.
3. ☐ A caterpillar can shrink to over 100 times smaller than its egg.
4. ☐ Caterpillars create cocoons when they become mature enough.
5. ☐ A butterfly can immediately fly after coming out of its cocoon.

B. Listen to the audio again and write your own sentences about the metamorphosis of a butterfly using the adverbs of sequence you have learned! 

B. Create a simple cooking recipe with a partner using unique ingredients and present it in front of the class! You can also mention the imaginary benefits of the dish!



C. Make a group of FOUR and make a poster informing people of an upcoming competition!

Note

It can be about sports, science, art, or anything. You can add the details like the requirements and entrance fee!

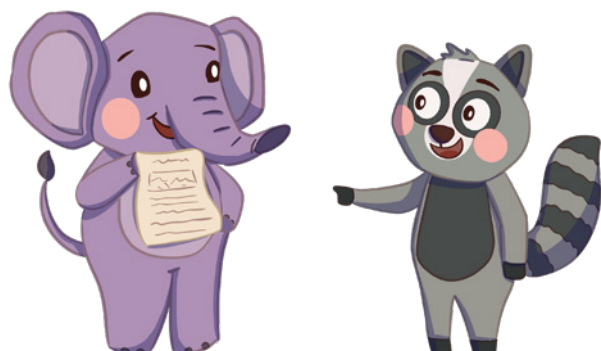
SPEAKING

A. Pair up and discuss FIVE cooking recipes that have more than FIVE steps to follow!

Do you know any cooking recipes?

Yes, I do!
My mom taught me how to make pizza and spaghetti carbonara yesterday.

D. Make a mini expo in your classroom about the competition that you have come up with in section C! TWO of you should be in charge of your group's booth and the others should go around the class to ask the other groups about the competitions they have come up with!



WRITING



A. In your own words, describe how to make a sandwich!

A pink rectangular box with horizontal lines for writing.

C. Draw a flowchart of how something is MADE! You can choose any products except food and beverages!

Example: How a wooden toy car is made.

A yellow rectangular box for drawing a flowchart.

B. Write FIVE sentences explaining how a natural disaster happens!

Example: A landslide.

A yellow rectangular box with horizontal lines and a spiral binding on the left side.

D. Draw the sequence of seasons! You should inform in which months each season runs through and illustrate a scenery for each season.

A yellow rectangular box for drawing the sequence of seasons.